



SPIMUN 2025 BEYOND THE DEBATE

**SPECIAL
EDITION**

The Personal Growth of MUN Delegates

The excitement was in the air for another edition of the St Peter's International Model United Nations. Students coming together to debate and devote their time, attention and skills to bring solutions and act upon the world's greatest challenges. The Washington Post was there to capture this excitement and to receive the delegates view on how this experience impacts their own personal growth.

by Jacinta Barão



What is SPIMUN?
The St. Peter's International Model United Nations is an annual conference that brings together students to engage in diplomatic debates, critical discussions, and global problem-solving. Allowing delegates to represent different countries, it stimulates critical thinking, collaboration, leadership and provides a deeper understanding of global affairs.



Interviews were conducted to better understand the impact that this conference has on the delegates

Interviews with the Delegates

The challenges and rewards of SPIMUN

Junior Committee

For a younger and less experienced delegate, Carolina Vide said: *“Even if what I do in the future doesn't have to do with debating, MUN also builds up skills that you will need in whatever job you have in the future”*. When asked about facing difficulties to overcome, the delegate said: *“It can be a lot of work sometimes or even difficult to keep up, but I did it”*, demonstrating that this whole experience is interesting for all ages.

Senior Committee

In the Senior Committee, Pedro S. had a unique view on his experience with MUN: *“It inspires me to go for a leadership position”*. Pedro ambioned for a heated debate, and so for him, in a very transparent comment, the lack of interest from some of the delegates in the conference could “ruin the debate”,

Security Council

Representing Afghanistan in the Security Council, Karolina Bialek, having participated in 3 years of conferences, sees SPIMUN as more than just a debate — **it's an opportunity to refine her diplomacy skills and tackle real-world issues:**

‘I owe a lot to the MUN Club in terms of sparking beneficial social relationships and contacts with people with similar interests, for which I'll be forever grateful’. She says.

Beyond the debate, participating in this conference is not only about *doing what you are good at*. Its main focus is to provide the youth with the center stage, putting them on the spot, challenging them to be swift and assertive in their responses. It changes their view about politics and helps them adapt to different situations. A main point highlighted by the delegates was having to learn how to deal with the nerves of public speaking and with the charge of adrenaline while preparing themselves for the discussions.

There is no right or wrong in SPIMUN- it is a *win-win* situation where all delegates are able to experience personal growth, with eyes wide open to face and shape the world.